

OCTOBER
2017

BOOK
ONLINE

HALF TERM HOLIDAY ACTIVITIES

eppingforestdc.gov.uk/holiday-activities
or telephone 01992 564226 (Mon-Fri 10am - 4pm)

MULTI-SPORTS DAYS

PLAY-IN-THE-FOREST
GO-WILD-TEAM



@EFDCCommunities



@efdcsports



Epping Forest
District Council

www.eppingforestdc.gov.uk

EPPING FOREST MULTI SPORTS DAYS

AGES
5-14

Tuesday 24th October

Thursday 26th October

Epping Upper Clapton RFC, Thornwood, Epping CM16 6NL

9.15am – 3.30pm (Registration 8.45am – 9.15am, Collect 3.30pm – 4.00pm)

COST
£16

Come and join our experienced coaches for a day of exciting activities. We believe that there is a sport and activity for everyone. At our Multi Sports days, young people can expect to get to try a mixture of traditional and non traditional sports from Tennis to American Football with some wacky games and competitions thrown in for good measure.

Young people will need to dress appropriately for both indoor and outdoor sports, we would also advise a change of clothing in case of bad weather. Young people will also need a packed lunch, and plenty to drink (fruit juice or water please, no sports drinks). A healthy morning snack will be provided.

PLAY IN THE FOREST

Wednesday 25th October

High Beach opposite the Visitors' Centre, Loughton IG10 4AE

10am – 12pm, Drop by at any time

There is no need to book.

Play in the Forest is all about playing games and having fun in the forest. A wide range of activities will be on offer including bug hunting, shelter building, woodland arts and crafts.

Please note: 'Play in the Forest' sessions are provided as play opportunities for children and not as child care. All children may come and go as they please. Staff are not obligated to prevent any children from leaving the sessions. Parents/Carers are free to stay and join in. Toilet facilities are located in the King's Oak Car Park.

ALL
AGES

COST
£3

GO WILD TEAM SPOOKY PARTY

Thursday 26th October

Communities Training Room, Epping Forest District Council,
25 Hemnell Street, Epping CM16 4LU

11am – 1pm

Take part in our spooky lunch party where you will make your very own spooky costume before taking part in our spook-tacular lunch party.

All materials, food and drinks will be provided.

AGES
6-11

COST
£5.50



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