

Let's Get Together

FREE



These free weekly sessions are run by Epping Forest District Council's Community, Development and Wellbeing team and are open to the whole community.

Come along and get to know others in your local area. Learn a new skill, play a few games, or just relax and enjoy a cup of tea and a chat.

New day and time from 23rd September 2025

**Every Monday
1pm – 3pm**

The Limes Centre,
Limes Avenue, Chigwell,
Essex. IG7 5LP.

**No need to book, just
turn up**

For further information please contact Karen Murray:
01992 564222 or
kmurray@eppingforestdc.gov.uk



Find a warm welcome at one of our many **warm places** sites across the Epping Forest district

www.eppingforestdc.gov.uk/warmplaces



Providing places with
respect, support and warmth

 **Epping Forest
District Council**