







# Summer Memory Train

**Wednesday  
July 10th, 2024**





**FREE** for residents in the district living with dementia or mild cognitive impairment to enjoy with a friend, family member or carer.

**10.30am**—Arrive at **North Weald Station** for the Epping Ongar Railway (Parking and toilet facilities available)

-  Board the train departing at **11.00am**
-  Travel to Ongar Station to explore the station, museum, learn about the railway and have tea and biscuits (toilets available)
-  Return aboard the train and enjoy the views of the forest
-  The train returns to North Weald Station for a light lunch



**Prebook tickets only** - for those living with dementia or mild cognitive impairment and a friend, family member or carer, through Epping Forest District Council's, Community Development and Wellbeing team at:

-  [Epping Forest District Council \(bookinglive.com\)](https://www.bookinglive.com)
-  or call **01992 564226** (Monday to Friday 10am to 4pm)

**Any questions...** contact Karen on 07789372196 or [kmurray@eppingforestdc.gov.uk](mailto:kmurray@eppingforestdc.gov.uk)

*Booking closes  
at 12noon on  
Monday 8th July  
2024*

Provided by Epping Ongar Railway in partnership with Epping Forest District Council's Community Development and Wellbeing team.

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