

Sponsored by: Hammond and Smith, SunVit-D3 and private individuals



Summer Memory Train

Wednesday 16th July 2025

FREE for residents in the district living with dementia or mild cognitive impairment to enjoy with a friend, family member or carer.




10.30am—Arrive at **North Weald Station** for the Epping Ongar Railway (Parking and toilet facilities available)

-  Board the train departing at **11.00am**
-  Travel to Ongar Station to explore the station, museum, learn about the railway and have tea/coffee (toilets available)
-  Return aboard the train and enjoy countryside views and a light lunch
-  The train returns to North Weald Station



Prebook tickets only - for those living with dementia or mild cognitive impairment and a friend, family member or carer, through Epping Forest District Council's, Community Development and Wellbeing team at:

 [Epping Forest District Council \(bookinglive.com\)](https://bookinglive.com)

 or call **01992 564226** (Monday to Friday 10am to 4pm)

Any questions contact Karen on 07789372196 or kmurray@eppingforestdc.gov.uk

*Booking closes
at 12 noon on
Monday 14th
July 2025*

Provided by Epping Ongar Railway in partnership with Epping Forest District Council's Community Development and Wellbeing team.

