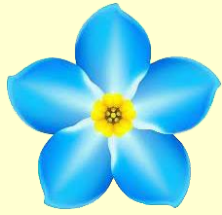


# Summer Memory Train







Wednesday 15<sup>th</sup> July 2026





**FREE** for residents in the district living with dementia or mild cognitive impairment to enjoy with a friend, family member or carer.

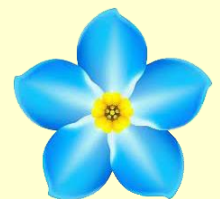
**10.30am** - Arrive at **North Weald Station, CM16 6BT**  
for the Epping Ongar Railway (Parking and toilet facilities available)



-  Board the train departing at **11.00am**
-  Travel to Ongar Station to visit the museum, station enjoy a cup of tea or coffee (toilets available)
-  Return aboard the train and enjoy the views of the forest and a light lunch
-  The train returns to North Weald Station

**Prebook tickets only** - for those living with dementia or mild cognitive impairment and a friend, family member or carer, through Epping Forest District Council's, Community Development and Wellbeing team at

 [Epping Forest District Council \(bookinglive.com\)](http://bookinglive.com)  
 or call **01992 564226** (Monday to Friday 10am to 4pm)



**Any questions** contact Karen on 07789372196 or [kmurray@eppingforestdc.gov.uk](mailto:kmurray@eppingforestdc.gov.uk)

*Booking closes at 12noon on Monday 13<sup>th</sup> July 2026*

Provided by Epping Ongar Railway and Epping Forest District Council's Community Development and Wellbeing team.



Funded by: private individuals and a quiz night